



ROUNDUP

Official newsletter of the 8th Marine Corps District

Nov 2014



Faces from 8th Marine Corps District

Announcements

Safety

Be Aware of Children. Coinciding with fall is back-to-school season. With school buses dropping children off, it's imperative to keep an eye out for young kids who may be crossing the street or simply playing nearby. Children also love playing in leaf piles, so be aware of this where leaves are piled near a curb.

Driving on Wet Roads. Many areas experience additional rain during this time of year, and safe driving practices are crucial in those dynamics. Be certain to keep a safe distance between yourself and the car in front of you, and afford yourself sufficient space to brake, in case you should skid on the road. Driving at a safe and reasonable speed given the conditions will help avoid issues with traction, as well. Additionally, wet leaves make roads extra slick; so be careful driving over those patches.

Wet roads also become even more precarious as the season wears on. Cooler temperatures leading up to winter may cause wet roads to become icy. Be cautious and drive at speeds that will allow you to negotiate those hazards safely.

Fireplace Safety. Light the fireplace using a utility lighter or long match. Portable fireplace should be placed on a sturdy surface away from table edges. Never try to move a lit fireplace or one that is still hot. Keep anything that can burn, children and pets at least 3 feet from the fireplace. Store lighters and matches out of the reach of children.

Thanksgiving Safety. Make sure your smoke alarms are working. Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food. Check on your turkey frequently! Keep knives out of the reach of children. Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.

Turkey! Hot oil may splash or spill at any point during the cooking process, when the fryer is jarred or tipped over, the turkey is placed in the fryer or removed, or the turkey is moved from the fryer to the table. Any contact between hot oil and skin could result in serious injury. In deep frying, oil is heated to temperatures of 350 degrees Fahrenheit or more. Cooking oil is combustible, and if it is heated beyond its cooking temperature, its vapors can ignite.

Halloween Safety Tips

Walk Safely. Cross the street at corners, using traffic signals and crosswalks. Look left, right and left again when crossing and keep looking as you cross. Put electronic devices down and keep heads up and walk, don't run, across

the street. Teach children to make eye contact with drivers before crossing in front of them. Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings. Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.

Trick or Treat With an Adult. Children under the age of 12 should not be alone at night without adult supervision. If kids are mature enough to be out without supervision, they should stick to familiar areas that are well lit and trick-or-treat in groups.

Keep Costumes Both Creative and Safe. Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors. Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision. Have kids carry glow sticks or flashlights to help them see and be seen by drivers. When selecting a costume, make sure it is the right size to prevent trips and falls.

Drive Extra Safely on Halloween. Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways. Take extra time to look for kids at intersections, on medians and on curbs. Enter and exit driveways and alleys slowly and carefully. Eliminate any distractions inside your car so you can concentrate on the road and your surroundings. Drive slowly, anticipate heavy pedestrian traffic and turn your headlights on earlier in the day to spot children from greater distances. Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. so be especially alert for kids during those hours.

Daylight Saving

Remain vigilant. With fewer hours of daylight and an increased number of cloudy day, make sure you are watching out for animals, children and debris on the road as you are driving to and from work. Also, turn on your headlights when you get behind the wheel. It makes driving safer for everyone.

Cautious. Even though the end of daylight savings means that it will be getting darker earlier, many people will still want to continue their exercise routines in the evening after work. Bike riders, joggers and walkers will likely still be out and about while you drive home, so you will want to be extra careful and alert to the pedestrians on the side of the road. Don't forget to yield and be extra cautious at each and every crosswalk. Pedestrians that are exercising often use headphones for music, so they may not hear you approaching from behind.

SPREAD THE WORD

THE HOLIDAY SEASON

“One of the first key elements in managing stress in our lives is to take inventory and be honest about the stressors impacting us.”



Marines, Sailors and Family Members:

We are quickly approaching the holiday season of 2014. This is a very special time of year when the best of many religious traditions come into focus. This time of year we are called to take notice of the blessings in our lives, enjoy special family events, focus on giving vice receiving and to make a special effort to care for those in need. Of course, here in America we have augmented these activities with sporting events and other not so faith related activities. As wonderful and fulfilling as these holiday activities are, there is often a price to pay in the level of stress we experience both individually and as a family.

We are all aware as either a member of the military or as family of a military member that some level of stress comes with the territory. We know that due to the high level of deployments, and the

economic situation, we are experiencing more than a normal level of stress. Many of us have found ourselves dealing with illness, death and other negative family events adding even more stress to our lives and the lives of our loved ones. The immediate future of our military and nation does not promise any early relief from operational, combat and economic stress.

One of the first key elements in managing stress in our lives is to take inventory and be honest about the stressors impacting us. This very act of honest assessment can be really helpful. Second, we need to analyze and determine which of these stressors we have absolutely zero control over and insure we are not expending emotional energy unnecessarily on these items/events. These steps should help prepare us to absorb the coming holiday stressors without undue negative consequences.

A final point of encouragement is to remind each of us, that we have choices. We choose most of what we will be experiencing that might be stressful during the holidays. I would hope that each of us would carefully select what we take on during this time of the year, both for ourselves and our loved ones.

Because of the rich meaning this time of the year contains for us, it should be so very special. I pray that it is for each of you. Look out for yourself, look out for others and if I can be of any assistance, please let me know.

Your Chaplain
CMDR Crittendon

inFROmation



Greetings Mighty 8th,

As we enter into the final months of 2014, we watch leaves change from luscious greens to a fading pallet of reds, oranges, and browns. Leaves flutter to the ground in a gesture of letting go and releasing what was to prepare the way for new beginnings. This time of year is a generous time of year. We reflect and celebrate; we ourselves let go in the form of forgiveness or setting new goals and we give charitably. We share and celebrate more during this time of year than any other. The season makes us realize impermanence and, by extension, makes us appreciate those moments, however fleeting, of joy, accomplishment, an embrace from a loved one or a beautiful sunrise.

Likewise, the season serves as a reminder that all things are disciplined by impermanence – to include hurts, disappointments and anger. The laws of impermanence, too, govern difficult situations. Things change. Hurts heal. Disappointments subside. Anger lessens with time. Experience increases. The challenge – the real challenge – is to live each day to its fullest through all of it and appreciate the time we have in moments that are sure to pass for it is in those moments that we love, we learn, and we are sharpened.

Just like the season, recruiting can be a humbling reminder for us to cherish the precious resource of time and those snippets of greatness it provides; and we are challenged to maximize life's moments. A kiss good-night from your Marine recruiter who has had a 15-hour workday comes to mean so much more than words can express. As well, when that same Marine cannot make it to an appointment or school play because he is in the trenches of that 15-hour day, the absence can be felt so much more intensely and we are reminded to be compassionate during challenges. A hug in the middle of a grueling workday gives a moment of release from the present and strength to press on through the next climb as sure to come as the sun rises. As my aunt used to say "trouble and change sure to come but neither won't last always." The moon gives way to the sun; the sun gives way to the moon. Life exists in their balance and in their timing.

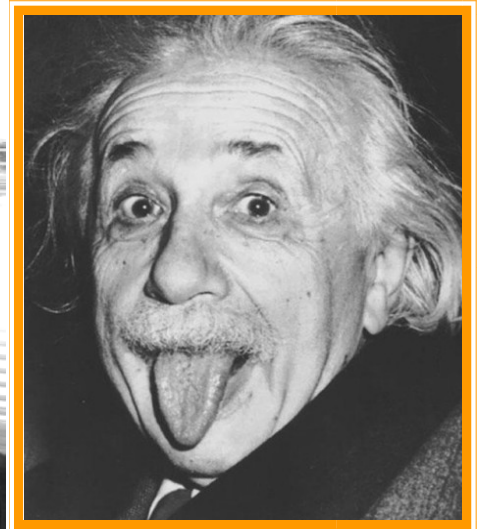
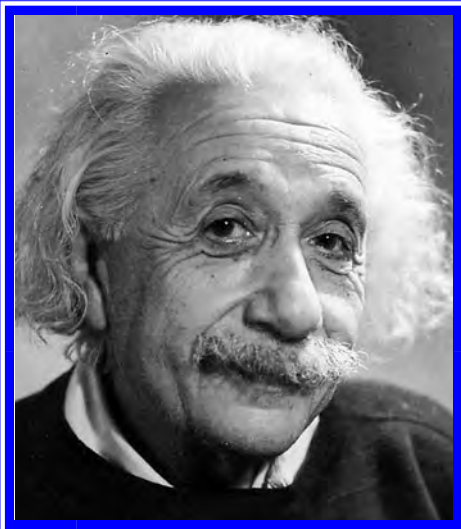
We have worked hard in 2014 and have safely arrived to the season of letting go and reflection. During this time, we honor the past and celebrate the future of our beloved Marine Corps. Ball season is the same season we set new goals for the coming year, and is my favorite time of year evidenced by the number of balls I usually attend. This year I am limiting myself to four formals and one teeny tiny but no less significant breakfast in honor of our Corps. My heart swells in reflection of the accomplishments of the past year for our organization, individual Marines, and our families. I am in awe of all that we have accomplished together this past year and although we are in the business of "future Corps" I for one must take time to honor my heroes past and present. With the professionalism of the Marines, families, and the amazing civilian Marines of our district, the best district in the nation, I look forward to the future without reservation because I have the best seat in the house witnessing the genius of "the few, the proud" – the Mighty 8th. The best is yet to come. I wish you a reflective and celebratory Happy Birthday and complete joy and peace throughout the holidays.

Biggest hugs,

Lisa Jackson

Personality Temperament Assessment Workshop

An interactive workshop on Leadership, Team Building, Relationships, Professional Development, Communication and Recruiting



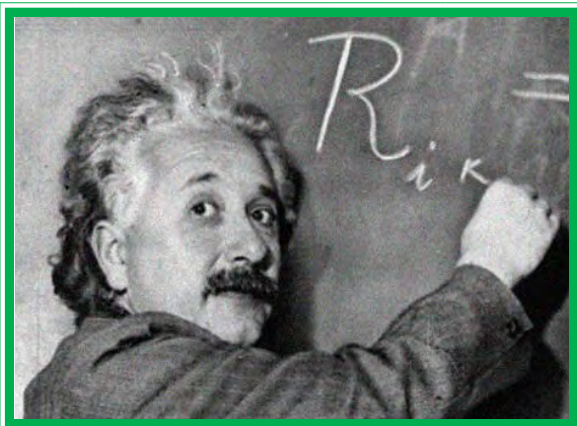
It's no secret that the degree of happiness and/or success we achieve in our lives depends heavily upon our ability to positively interact with others. In fact, almost everything we want in life must come to us through the hands of another. As members of the human race, we are linked in this amazing way. Therefore, unless we plan on living in total isolation from the rest of the world, the more we know about ourselves and others, the more skilled we will become in accomplishing what matters most to us in life.

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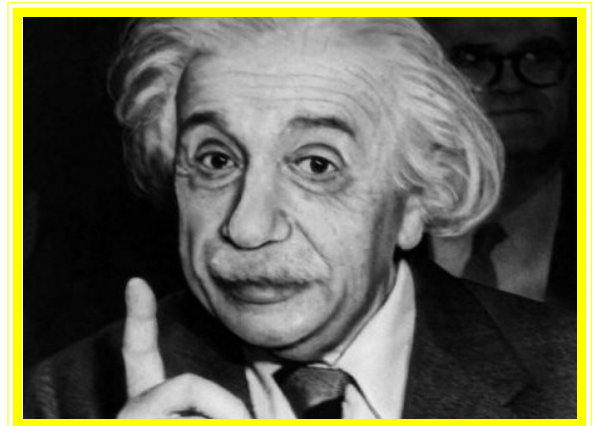
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Used properly, the principles you will discover in this workshop will empower you to improve aspects of every relationship in your life.

- Mannerisms
- Individual preferences
- Introverts & Extroverts
- Expression in different styles
- Ways of approaching life's challenges
- Strengthening professional relationships



How you
see the
world is
relative.





Recruiting: 101



RS San Antonio has gone above and beyond to gain maximum exposure from Semper Fidelis All-American Bowl jersey presentations. Ashely Kamrath, an ESPN reporter, attended the presentation for selectees Connor Lanfear and P. J. Mbanasor prior to a University of Texas football game, Oct. 4, 2014. Kamrath conducted interviews with the selectees following the presentations, which were broadcast on ESPN Radio in San Antonio.



District Spouses Orientation Course



During the two days of DSOC, the spouses are instructed in numerous courses by experts in those subjects. The first brief the spouses received was Recruiting 101. This class gave them a basic understanding of the daily life of their Marine. In addition, the participants take classes to help with family life such as School Liaisons, the Exceptional Family Member Program, The Navy Marine Corps Relief Society, TriCare benefits and many others. Motivational speakers were brought in to help get them up and moving. They had many opportunities to learn more about their families and themselves. DSOC ended with the spouses receiving certificates from the commanding officer of the 8th Marine Corps District and a dinner. They left with a better understanding of the recruiting world.



RS/RSS Standings

* Ranking based off Attr.%.
Ties broken by Ship.% then Cont.%.

RS RANKINGS

(Lowest % MCRD Attrition FY14 to Date)

SNCOIC	RS	Attr. %	Ship %	Cont %
1. SSgt Marmolejo	SAT	0.0	105.7	110.8
2. GySgt Cuellar	SAT	0.0	104.8	113.1
3. SSgt Sims	FTW	0.0	103.6	108.1
4. SSgt Brewster	PHX	0.0	101.6	101.2
5. SSgt Marturano	FTW	0.0	100.0	113.8
6. GySgt Felshaw	PHX	1.5	103.1	106.8
7. GySgt Purtell	PHX	1.5	100.0	100.0
8. SSgt Sanchez	SAT	1.6	105.2	101.5
9. SSgt Nguyen	HOU	1.8	103.8	103.1
10. GySgt Sanchez	HOU	1.9	101.9	115.5
11. GySgt McLucas	FTW	1.9	100.0	111.8
12. GySgt Guerrero	SAT	1.9	100.0	108.2
13. GySgt Tomlin	FTW	2.0	102.1	110.0
14. GySgt Wolfe	DEN	3.2	106.9	115.6
15. GySgt Hernandez	SAT	3.4	101.7	101.2
16. GySgt Kertz	DAL	3.4	109.4	103.3
17. GySgt Soileau	FTW	3.4	100.0	114.1
18. GySgt Daniels	HOU	3.8	100.0	101.4
19. GySgt Gray	DEN	3.8	113.0	132.1
20. SSgt Lawrence	PHX	3.8	104.0	100.0
21. SSgt Baldwin	ABQ	4.0	104.2	106.3
22. Sgt Zubire	HOU	4.1	106.5	118.0
23. SSgt Leal	SAT	4.3	107.0	102.0
24. SSgt Beaubrun	HOU	4.3	104.5	102.3
25. GySgt Martin	PHX	4.5	100.0	100.0



3.86 %

1

2



3

4



5

6



7

8



The Corner Pocket

8412 Standings

(FY14 to Date)

* Ranking based off Attr. %.

Ties broken by Ship. % then Cont. %.

8412**Recruiting Station****Attr. % Ship % Cont. %**

1. SSgt Marmolejo	SAT	0.0	105.7	110.8
2. SSgt Brewster	PHX	0.0	101.6	101.2
3. GySgt Sanchez	HOU	1.9	101.9	115.5
4. GySgt Wolfe	DEN	3.2	106.9	115.6
5. GySgt Hernandez	SAT	3.4	101.7	101.2
6. GySgt Soileau	FTW	3.4	100.0	114.1
7. GySgt Martin	PHX	4.5	100.0	100.0
8. MSgt Menendez	FTW	5.1	100.0	118.4
9. GySgt Lira	SAT	5.3	100.0	104.1
10. GySgt Turney	HOU	6.2	100.0	106.0
11. GySgt Orozco	SAT	6.3	105.3	107.1
12. GySgt Figueroa	HOU	7.6	100.0	102.6

OSO Standings

Rankings based on PLC/OCC Submissions, Selections, OCS Shipping, OCS Induction and OCS Attrition. Summer 2014 OCS begins 26 May, 2014. Reference Appendix 5 to Annex C to Op Order 1-14.

1. Capt Jure	OSO DALLAS
2. Capt Guest	OSO ARLINGTON
3. Capt Strehl	OSO LUBBOCK
4. Capt Lindig & Capt Meyer	OSOs COLLEGE STATION & HOUSTON
5. 1stLt Marsinek	OSO NORMAN
6. Capt Emison & Capt. Kates	OSOs DENVER & FORT COLLINS
7. Capt Granado	OSO AUSTIN
8. Capt McFarland	OSO PHOENIX